

MONOGRAFIA  
POKONFERENCYJNA

SCIENCE,  
RESEARCH, DEVELOPMENT #25

*Berlin*

*30.01.2020 - 31.01.2020*

U.D.C. 72+7+7.072+61+082  
B.B.C. 94  
Z 40

**Zbiór artykułów naukowych recenzowanych.**

(1) Z 40 Zbiór artykułów naukowych z Konferencji Miedzynarodowej Naukowo-Praktycznej (on-line) zorganizowanej dla pracowników naukowych uczelni, jednostek naukowo-badawczych oraz badawczych z państw obszaru byłego Związku Radzieckiego oraz byłej Jugosławii.

(30.01.2020) - Warszawa, 2020. - 96 str.

ISBN: 978-83-66401-30-3

Wydawca: Sp. z o.o. «Diamond trading tour»

Adres wydawcy i redakcji: 00-728 Warszawa, ul. S. Kierbedzia, 4 lok.103

e-mail: info@conferenc.pl

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Publikacja elektroniczna.

«Diamond trading tour» ©

Warszawa 2020

ISBN: 978-83-66401-30-3

**Redaktor naukowy:**

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# «COSSACK FIGHTING CUSTOM «SPAS» AS AN ELEMENT OF INTANGIBLE CULTURAL HERITAGE OF ZAPORIZHZHYA REGION

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**Key words:** Cossack fighting tradition «Spas», intangible cultural heritage, Zapori-zhzhya region, culture, history, national-patriotic education.

Today in Ukraine there is a problem of low awareness of the elements of the intangible cultural heritage of Ukraine, which, in particular, is due to lack of information sources, communication technologies and educational measures of the relevant subjects, as well as insufficient motivation to study these issues [1].

In February 2016, the Department of Culture, Tourism, Nationalities and Religions of Zaporizhzhya Regional State Administration established a commission to form a regional list of elements of the intangible cultural heritage of Zaporizhzhia region [2]. The commission is composed of highly skilled figures in the field of culture and arts, educational institutions, creative unions, public organizations. On September 20, 2016, the first five items were added to the Zaporizhzhya Regional List [2]. Among them was the Cossack fighting custom of the Spas. Carrier is a community of the NGO «Cossack Army of Zaporizhzhya Basin» and the All-Ukrainian NGO «All-Ukrainian Federation of Spas». The main zone of life of the element is the city of Zaporozhye, Zaporizhzhya region.

Cossacks in Ukraine have centuries-old traditions of preserving the spirituality of the people through the Orthodox Christian faith and through the Cossack custom - centuries-old experience of the Ukrainian people, rules of behavior, norms of social morality, which were formed during the historical existence of the people and passed down from generation to generation in the form of Cossack carb - short that were proverbial and were part of a system of theoretical, practical and spiritual foundations, at the top of which were Cossack legends, songs, fairy tales, dances and games as a motor heritage and people.

The basis of the spiritual preparation of the Cossack in the martial arts «Spas» is the Orthodox faith and the Cossack custom, which is based on the original Cossack carb commandments that were passed on in the Cossack families and served as certain spiritual guidance of the Cossack in life [3].

According to experts: the custom of «Spas» goes through the life of the Cossack from birth to death, this set of tools and methods allows you to educate a healthy, intellectually and spiritually developed per-

son. The outlook formed by the custom of «Spas» allows for a harmonious relationship with the world and society.

Today, the Spas custom is passed down in families and from teacher to student, from heart to heart, ensuring its preservation and transmission to the next generations of Cossacks [3].

In May 1998, the first Ukrainian national martial arts school - the Zaporizhzhya City Cossack Children and Youth Sports School of Martial Arts «Spas» was opened in Zaporozhye. In fact, it was the first state Cossack school of Ukrainian national martial arts in the history of modern Ukraine. In the same year, the author's program of teaching the Cossack martial art «Spas» for children and youth sports schools was developed, which was approved by the Zaporizhzhia City Council sports committee. At the same time, the first Ukrainian hand-to-hand championship was held, the first state-level martial arts competition. In 2005, the all-Ukrainian public organization All-Ukrainian Federation «Spas» was legally registered. At present it is considered one of the Cossack organizations of Ukraine. And in 2008, the Ukrainian Spas melee was recognized as not an Olympic sport in Ukraine. Competition rules and the curriculum for the Ukrainian Spas melee for children and youth sports schools were approved by the State Youth and Sports Service of Ukraine in 2012.

In August 2014, at the invitation of UNESCO, a delegation of the All-Ukrainian Federation of Spas participated in the 16th International Festival of National Martial Arts in Chungju (South Korea), where it demonstrated the Ukrainian

Spas manuscript as a Ukrainian national martial art.

Spas National Martial Art is today an element of the cultural heritage of the Ukrainian people and embodies all the traditions of Cossack martial art as an integral part of the culture of Ukrainians. Formed at the time of the birth of Zaporizhzhya Cossacks, the culture of martial arts has received its modern embodiment in the martial arts «Spas», which inspires and promotes the cultural heritage of the Cossack era. Education of the modern nation on the basis of the martial culture of the Ukrainian people and, directly, the martial custom of «Spas», will give the opportunity to form in the Ukrainian society ideologically, physically and militarily prepared layer of the population, will become the basis for the revival of the spiritual traditions of the Cossacks, will provide an opportunity to create Ukraine and the Ukrainian people.

The item is being promoted to the National List of Intangible Cultural Heritage of Ukraine.

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