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"SCIENTIFIC TRENDS AND WAYS OF SOLVING MODERN
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TABLE OF CONTENTS

AGRICULTURAL SCIENCES			
1.	Жолдасбай Т.Е., Мамбетов С.Т.	11	
	АВТОМАТТАНДЫРЫЛҒАН ЖЫЛЫЖАЙ ЖҮЙЕЛЕРІН БАСҚАРУ		
ARCHITECTURE, CONSTRUCTION			
2.	Voitovych V.	15	
	РОЗРОБКА СТРАТЕГІЇ ТА МЕТОДІВ УДОСКОНАЛЕННЯ ОРГАНІЗАЦІЇ БУДІВЕЛЬНИХ РОБІТ		
BIOLOGY			
3.	Yorkina N., Cherniak Y.	18	
	HEALTH STATE OF THE POPULATION AND ENVIRONMENTAL POLLUTION: ENVIRONMENTAL CONSEQUENCES		
4.	Безноско І.В., Горган Т.М., Мудрак В.О.	22	
	ВПЛИВ МІКРОМІЦЕТУ ALTERNARIA ALTERNATA (FR.) KEISS HA POCTOBI ПРОЦЕСИ ВІВСУ ГОЛОЗЕРНОГО ЗА (AVENA NUDA L.), ДОПОМОГОЮ ФІТОТЕСТУВАННЯ		
CULTUROLOGY			
5.	Антоненко В.С., Халіманенко В.К., Хуткий В.О.	27	
	ШТУЧНИЙ ІНТЕЛЕКТ В ІНДУСТРІЇ РОЗВАГ: НОВІ МОЖЛИВОСТІ ТА ВИКЛИКИ		
ECONOMY			
6.	Ismailova M.E.	32	
	FOOD SECURITY OF KAZAKHSTAN DURING THE COVID-19 PANDEMIC		
7.	Kopytko M., Malanchuk A.	36	
	CHARACTERISTICS OF THE ESSENCE OF THE MANAGEMENT MECHANISM FOR SOCIO-ECONOMIC SECURITY IN CONDITIONS OF MODERN THREATS		
8.	Miahkykh I., Onofriichuk Y.	39	
	PROBLEMS OF STRATEGIC MANAGEMENT OF COMPETITIVENESS OF POTENTIAL AND COMPETITIVE ADVANTAGES ENTERPRISES		

HEALTH STATE OF THE POPULATION AND ENVIRONMENTAL POLLUTION: ENVIRONMENTAL CONSEQUENCES

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The environment that surrounds a person consists of the natural environment, resources without which the existence of society is impossible, and the artificial environment created by people in the process of developing economic objects.

The high rate of scientific and technical progress and the sharp increase in the population were accompanied by changes in the rates and volumes of use of natural resources. Also, to meet their needs, humanity began to synthesize many new substances that were not inherent in nature. People did not have time to adapt to them. This led to the accumulation of pollutants in the environment and subsequently caused significant damage. In the modern period, when the environment is subjected to anthropogenic stress, there are certain ecological changes that negatively affect the health of the population. Since 1992, Ukraine has been declared an ecological disaster zone [1, 3]. Under the influence of chemical, physical, biological and other types of pollution, morbidity is rapidly increasing and the life expectancy of the population of urban systems is decreasing. Currently, the state of the environment is deteriorating due to hostilities and their consequences.

Therefore, it is quite relevant to establish the ecological consequences of environmental pollution in terms of its impact on the health of residents of urban areas. Relevant in this regard are the studies of urban systems where a significant anthropogenic load occurs. Today, urbanization is the dominant trend in the development of society, under its influence irreversible transformations in the environment occur. Therefore, the city of Melitopol was chosen as an urbanized area with a high population density and a difficult demographic situation [2, 7-13].

The object of the study: the health of the population of Melitopol.

The subject of the study: ecological consequences of the impact of environmental pollution on the state of health of the population of Melitopol.

Goal. Conducting an analysis of the state of the environment and its impact on the morbidity of the population of Melitopol. To achieve the goal, the following tasks are defined:

- 1. Analyze the dynamics of population migration indicators;
- 2. Determine the structure of population mortality and ways to improve the demographic situation in the city;

BIOLOGY SCIENTIFIC TRENDS AND WAYS OF SOLVING MODERN PROBLEMS

- 3. Establish the disease structure of the population of Melitopol;
- 4. Identify the causes of population diseases related to environmental pollution;
- 5. Outline ways to improve the ecological situation in the city.
- So, according to the results of the research, the following was established.
- 1. The demographic situation in the city of Melitopol is characterized by the following trends: a low birth rate, an increase in the death rate, and a negative natural increase in the population. Negative trends are also related to migration processes: over the past year, thousands of people have left the city. Mass resettlement is associated with military conflict and environmental degradation [7, 12].
- 2. In the human population of Melitopol, there is a tendency to decrease the average life expectancy by 5-6 years. Diseases of the cardiovascular system and respiratory system, digestion, oncological diseases and infectious diseases, allergies prevail in the mortality structure of the population. Over the past five years, the mortality rate in the city of Melitopol has increased significantly as a result of the COVID-19 pandemic, respiratory diseases, and diabetes among both the female and male population [4]. Factors such as inaccessibility of medical services, untimely diagnosis of the disease have a significant impact on the mortality rates of the population. Therefore, in order to improve the socio-economic situation in the city of Melitopol, it is necessary to: stimulate the birth rate, introduce a system of preventive medicine, increase the wages of medical workers, improve the living conditions of residents, create a network of public and private medical and social assistance services [7, 9, 11].
- 3. The morbidity of residents of the city of Melitopol is affected by environmental pollution, which is manifested in the growth of morbidity rates of the cardiovascular system, oncopathology, respiratory system, endocrine and nervous systems, developmental anomalies, poisoning and allergy.
- 4. The chemicalization of industry and agriculture, the development of new medicines, and the development of nuclear energy bring undoubted benefits to humanity, but at the same time, the general background of environmental pollution also increases, which contributes to the unstoppable increase in the frequency of disease among the population. The main and most ecologically dangerous environmental pollutants that affect the health of the population of Melitopol are: emissions from enterprises, vehicle exhaust, tobacco smoke, food contamination, some medicines and biologically active additives, increased level of insolation, consequences of military actions [12].
- 5. In the city of Melitopol, over the last 5 years, the level of morbidity of both the adult and children's population for all classes of diseases has increased significantly. This is due to the fact that the transformation of environmental components occurs faster than the human body has time to adapt to new conditions of existence. It is possible to solve this problem at the state and local levels by observing elementary norms of healthy behavior by the person himself: lead a healthy lifestyle, undergo regular medical examinations and do not engage in self-medication [3, 5].

BIOLOGY SCIENTIFIC TRENDS AND WAYS OF SOLVING MODERN PROBLEMS

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BIOLOGY SCIENTIFIC TRENDS AND WAYS OF SOLVING MODERN PROBLEMS

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